



Vocabulary Progression-RSE (and Health Education)



EYFS:  
Healthy, listen, safe,  
choice, feelings, share,  
angry, upset, happy, friends,  
help, turn.

KS1

KS2

Keeping/Staying Safe

- avoid
- categories
- community
- safe
- situation
- discuss
- choice
- imaginary
- risk
- identify
- PSCO
- trust
- appliances
- dangerous
- chemicals

- statement
- opinion
- stranger
- strategies
- danger
- risk
- encourage
- peer pressure
- fact
- consequences

Keeping Healthy/Staying Healthy	<ul style="list-style-type: none"> <li>• healthy</li> <li>• allergies</li> <li>• antibodies</li> <li>• ingredients</li> <li>• research</li> <li>• unhealthy</li> <li>• prescription</li> <li>• immunisation</li> <li>• medicine</li> <li>• responsible</li> <li>• risky</li> <li>• vaccination</li> <li>• germs</li> <li>• immune system</li> </ul>	<ul style="list-style-type: none"> <li>• lifestyle</li> <li>• mind map</li> <li>• balanced diet</li> <li>• addictive</li> <li>• blood pressure</li> <li>• saturated fat</li> <li>• nicotine</li> <li>• vital organs</li> <li>• nutrition</li> </ul>
Relationships/Growing and Changing	<ul style="list-style-type: none"> <li>• relationship</li> <li>• disagree</li> <li>• communicate</li> <li>• mean</li> <li>• situation</li> <li>• nervous</li> <li>• boundary</li> <li>• appropriate</li> <li>• inappropriate</li> </ul>	<ul style="list-style-type: none"> <li>• puberty</li> <li>• nervous</li> <li>• scared</li> <li>• bladder</li> <li>• worried</li> <li>• hormone</li> <li>• inappropriate</li> <li>• anonymous</li> <li>• vagina</li> <li>• penis</li> <li>• menstrual</li> <li>• testicles</li> </ul>

		<ul style="list-style-type: none"> <li>• conception</li> </ul>
Being Responsible	<ul style="list-style-type: none"> <li>• responsibility</li> <li>• borrowing</li> <li>• thoughtful</li> <li>• accident</li> <li>• consequences</li> <li>• stealing</li> <li>• qualities</li> <li>• abilities</li> <li>• dishonest</li> <li>• honesty</li> <li>• responsible</li> </ul>	<ul style="list-style-type: none"> <li>• responsible</li> <li>• punctual</li> <li>• consent</li> <li>• circumstances</li> <li>• irresponsible</li> <li>• honest</li> </ul>
Feelings and Emotions	<ul style="list-style-type: none"> <li>• recognising</li> <li>• experience</li> <li>• loneliness</li> <li>• calm</li> <li>• grief</li> <li>• frustration</li> <li>• annoyed</li> <li>• fidgety</li> <li>• jealousy</li> </ul>	<ul style="list-style-type: none"> <li>• feelings</li> <li>• emotions</li> <li>• appetite</li> <li>• displeasure</li> <li>• annoyance</li> <li>• excessively</li> <li>• potential</li> <li>• hostility</li> <li>• anxious</li> <li>• troubled</li> </ul>
Computer Safety	<ul style="list-style-type: none"> <li>• online</li> <li>• positive</li> <li>• negative</li> <li>• permission</li> <li>• chatroom</li> </ul>	<ul style="list-style-type: none"> <li>• offensive</li> <li>• insulting</li> <li>• application (App)</li> <li>• rude</li> </ul>

	<ul style="list-style-type: none"> <li>• consequences</li> </ul>	
Our World/The Working World	<ul style="list-style-type: none"> <li>• re-use</li> <li>• wildlife</li> <li>• community</li> <li>• planet</li> <li>• reduce</li> <li>• recycle</li> <li>• environment</li> <li>• credit card</li> <li>• bills</li> <li>• spend</li> <li>• debit card</li> <li>• receive</li> <li>• save</li> </ul>	<ul style="list-style-type: none"> <li>• enterprise</li> <li>• contribution</li> </ul>
Hazard Watch	<ul style="list-style-type: none"> <li>• potential</li> <li>• sibling</li> <li>• community</li> <li>• hazard</li> <li>• danger</li> <li>• burgled</li> <li>• collapsed</li> <li>• flammable</li> <li>• distraction</li> </ul>	
A World Without Judgement		<ul style="list-style-type: none"> <li>• inclusion</li> <li>• acceptance</li> <li>• diversity</li> <li>• stereotype</li> </ul>

		<ul style="list-style-type: none"><li>• discrimination</li><li>• entitled</li></ul>
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